



What should I bring with me to ALA?

Items to bring with you from home:

- ◇ School clothing (see guidelines attached)
- ◇ Dress clothing
- ◇ Pajamas/bathrobe/slippers
- ◇ School and dress shoes
- ◇ Alarm clock (You are responsible for getting up on time!)
- ◇ Personal items—toiletries, jewelry, pictures, stuffed animals, etc.

Items that can be easily purchased once you arrive in Phoenix:

- ◇ School supplies (pencils, pens, rulers, notebooks, etc.)
- ◇ Clothes hangers
- ◇ Long distance phone cards
- ◇ Over the counter medications
- ◇ Personal supplies

Items you may choose to have, but are not necessities:

- ◇ Laptop computer, printer
- ◇ Cell phone—you must pay for the monthly phone charges from the mobile phone company

Items that are provided for you:

- ◇ Furnished room—bed, mattress, clothes closet, desk or study area, lamp, trash can, mirror, laundry basket
- ◇ Linens—mattress pad, sheets, pillowcase, pillow, blanket, comforter, towels
- ◇ Internet connection in your home stay residence, computer lab at school
- ◇ Telephone in the home for local phone calls
- ◇ Use of washing machine and dryer
- ◇ Shared space with your host family—kitchen, living areas, television

***Regular opportunities to shop for necessities will be provided by the host family. International student group outings will also be scheduled.

Appropriate Dress for School

ALA seeks to promote excellence in all areas of education—including dress. The following guidelines apply to students during the school day or at any school-sponsored events on or off campus. More details can be found in the Parent/Student Handbook that all students will receive during orientation week.

Basic Guidelines for All

- Students are to keep themselves neat, clean, well-groomed and modestly dressed.
- Students may wear selective clothing with logos. However, clothing may not have any type of logo displaying the following: alcohol, drugs, cigarettes, skulls, morbid images, music-related, radio stations, or any other writing or logos that offend Christian values. Shorts, pants or skirts that have writing on the rear are unacceptable.
- Jewelry—earrings may be worn by females only and must display good taste. All other pierced jewelry is unacceptable.

Boys

- **Shirts:** Shirts must have sleeves and a modest neckline or have buttons. No tank tops or sleeveless shirts are allowed.
- **Shorts/Pants:** Dockers or Cargo style pants are recommended. Jeans are permitted as long as they are not frayed, torn, or sagging. Nice sport shorts or jean shorts are permitted as long as they are not extremely short, frayed or torn.

Girls

- **Shirts:** Shirts must have a modest neckline. No tube tops or exceptionally tight-fitting tops are allowed. Tank tops are allowed if the shoulder seam is a minimum of 2 inches wide. Shirts must be long enough to cover the entire waistband of the pants, shorts, or skirt.
- **Shorts/Pants:** Dockers or Cargo style pants are recommended. Jeans are permitted as long as they are not frayed, torn, or sagging. Shorts are permitted as long as the hem of the shorts is no more than 4 inches above the knee. Capri style pants are permitted.
- **Skirts/Dresses:** Girls may wear skirts or dresses as long as the hem is no more than 4 inches above the knee. Shoulder seams must be at least 2 inches wide.

It is not practical for ALA to establish written rules for every single issue of dress that may arise. At those times when personal judgments are made, students will honor the decisions of those who are persons in authority.